

CARIMAR BARRIENTOS

Niort. France

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PROFESSIONAL STATEMENT

Individual Coaching, Mentoring and Workshops with a systemic lens based on Internal Family Systems and Nonviolent Communication.

TRAININGS

November 2021 - Current	Training POD Journey Towards NVC Certification with Kirsten Kirsten Kristensen 18 months online program.
December 2022	10 hours - Liberation for all: Integrating a power and privilege lens into basic NVC training, Aurélia Saint-Just, Meneka Neotia & Miki Kashtan, online.
November 2022	12 hours - NVC for Liberation Series 2: Restoring Togetherness within a field of Separation, Véréne Nicolas, online.
November 2022	10 hours - Roots of Resilience for Uncertain Times (the Work That Reconnects), Kathleen Rude, online.
2021/22	56 hours - The Compass, Arnina Kashtan, online.
October 2022	8 hours - Advanced IFS course - Getting to know the habits and addictions of your protectors, Ruud Baanders, online.
May 2022	8 hours - Advanced IFS course -Exploring and releasing legacy and sociocultural burdens, Ruud Baanders, online.
February 2022	35 hours - Embodiment of connection, Robert Maoz Kržišnik. Lyon, France.
February 2022	8 hours - Advanced IFS course - Exploring and releasing personal burdens, Ruud Baanders, online.
January 2022	15 hours - Healing Focused Coaching, Pernille Plantener, Online.
December 2021	16 hours - Lead Your Life - IFS Foundation course, Ruud Baanders, Online.
October 2021	8 hours - How to Lead Practice Groups, Flor Martinez, Online.
September 2021	26 hours - CNVC International Intensive Training with Dani Muxi, David Shindoll, Fabiola Fuentes and Maya Días, Online.
September 2021	10 hours - Empathy, Sarah Ludford, Online.
July 2021	12 hours - Self Compassion, Sarah Ludford, Online.

June 2021	61 hours - Needs Based Coaching, Pernille Plantener, Online.
June 2021	5 hours - Transforming the Pain of Unmet Needs, Carolyn Davies, Online.
June 2021	8 hours - Transforming conflict, Ceridwen Buckmaster, Online.
May 2021	9 hours - Before I open your mouth, Robert Maoz Kržišnik, Online.
May 2021	24 hours - Become Fluent in NVC (Intermidinate Training), Bonno Lange, Online.
February 2021	16 hours - Introduction to Nonviolent Communication, Claudia Sanchez, Online.

TRAININGS I HAVE ASSISTED - NVC OR IFS

June 2022	8 hours - Advanced IFS course -Exploring and releasing legacy and sociocultural burdens, Ruud Baanders, Online.
May 2021	16 hours - Lead Your Life - IFS Foundation course, Ruud Baanders, Online.
March 2021	8 hours - Connecting Requests, Sarah Ludford, Online.
February 2021	12 hours - Self Compassion, Sarah Ludford, Online.
December 2021	10 hours - Introduction to Nonviolent Communication , Sarah Ludford, Online.

LANGUAGES

Spanish (Native)
English (Fluent)
FRench (Advance)

EDUCATION

2005-2010	Petroleum Engineer - Instituto Universitario Politécnico “Santiago Mariño.” - Venezuela
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